

The Prayer of Deliverance

Series: **Connecting with God: The Lord's Prayer**

June 21, 2009 Pastor Bill Bump

Matthew 6:13 (NIV) "And lead us not into temptation, but deliver us from the evil one."

I Corinthians 10:13 (NLT) ...the temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.

Temptation is a choice to do right or wrong.

THE PATH OF ESCAPE FROM TEMPTATION:

1. I MUST IDENTIFY WHAT MAKES ME VULNERABLE

Matthew 26:41 (NIV) "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

More important than knowing what tempts us is knowing the when, why, how, where, and other factors that go into temptation.

We need to identify our pattern of vulnerability.

2. PLAN TO AVOID IT

Proverb 4:26,27 (GN) Plan carefully what you do...Avoid evil and walk straight ahead. Don't go one step off the right way.

Temptation always begins with a natural desire in us.

Temptation is when we abuse and misuse what God has given us.

3. GUARD MY HEART

Proverb 4:23 (NLT) Above all else, guard your heart, for it affects everything you do.

Temptation always starts inside of us.

James 1:14 (GN) But a person is tempted when he is drawn away and trapped by his own evil desires.

Ephesians 4:27 (NIV) Do not give the devil a foothold.

What is a foothold? It is a mental state. It is a negative emotion.

4. PRAY FOR DELIVERANCE

Psalm 50:15 (NIV) Call upon me in the day of trouble; I will deliver you, and you will honor me.

Hebrews 4:15,16 (NLT) (Jesus) understands our weaknesses, for he faced all of the same temptations we do, yet he did not sin. So let us come boldly to...our gracious God. There we will receive his mercy, and we will find grace to help us when we need it.

5. I TURN MY ATTENTION ELSEWHERE

Psalm 119:6 (CEV) Thinking about your commands will keep me from doing some foolish things.

Whatever we focus on gets our attention. Whatever gets our attention is going to get us.

Temptation always follows a predictable pattern:

Attention—our minds get hooked

Arousal—our emotions get hooked

Action—we act

6. GET A GROUP

Ecclesiastes 4:9,10 (GN) Two are better than one, because together...if one falls down, the other can help him up. But if someone is alone and falls...there's no one to help him.

Galatians 6:1,2 (NCV) Brothers and sisters, if someone in your group does something wrong, you who are spiritual should go to that person and gently help make him right again. But be careful, because you can be tempted to sin, too. By helping each other with your troubles, you truly obey the law of Christ.