

Healing for a Broken Heart

Series: The Good News About Grace

January 24, 2010

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REVIEW: WHAT IS SAVING GRACE?

G=GOD'S GIFT TO ME (Romans 3:24)

R= RECEIVED BY FAITH (Ephesians 2:8-9)

A= AVAILABLE TO EVERYONE (Romans 10:13)

C= COMES THROUGH CHRIST (John 1:17)

E= EXTENDED THROUGH ETERNITY (Romans 6:23)

TODAY: How God's healing grace heals the hidden wounds of our lives.

Psalm 147:3 (NIV) He [God] heals the brokenhearted and binds up their wounds.

HOW DOES GOD HEAL A BROKEN HEART?

By changing the way we think.

Romans 12:2 (NLT) ...let God transform you into a new person by changing the way you think...

Because of bad experiences, or because of what was said about us, we may have a distorted image of who we are.

HOW GOD SEES ME BECAUSE OF HIS GRACE:

1. I AM ACCEPTABLE

People will do the craziest things in order to be accepted and liked

Romans 15:7 (NIV) ...Christ accepted you...

I Peter 2:9 (LB) ...you have been chosen by God himself...

Psalm 27:10 (NIV) Though my father and mother forsake me, the Lord will receive me.

2. I AM VALUABLE

Two things determine value:

A. who owns it

B. what somebody is willing to pay

I John 4:4 (NLT) ...you belong to God...

I Corinthians 7:23 (LB) You have been bought and paid for by Christ, so you belong to him...

Isaiah 43:4 (GN) (God says) "...you are precious to me..."

3. I AM LOVABLE

Isaiah 54:10 (GN) The mountains and hills may crumble, but my love for you will never end...so says the Lord who loves you.

God's love is consistent and unconditional.

4. I AM FORGIVABLE

Isaiah 43:25 (GN) I am the God who forgives your sins, and I do this because of who I am. I will not hold your sins against you.

There is no condemnation for those who have experienced God's grace.

Ephesians 1:4 (LB) ...through what Christ would do for us; he [God] decided then to make us holy in his eyes, without a single fault—we who stand before him covered with his love.

CONCLUSION:

We can find healing and hope through God's healing grace.

We invite you to look over the verses in your sermon notes this week and ask and answer the following three questions (you are encouraged to get a notebook to record your thoughts):

1. What does the verse say?
2. What does the verse mean?
3. What does the verse mean to me personally?