

Potential Barriers to Prayer

I am where God wants me (in relationships, career, attitude ...)

I have been educated on prayer (sermons, books, lessons...)

My life models that of Jesus

I make time for prayer and spend it praying

My mind is focused on what is pure, noble and good

We don't have to qualify in order to pray

Hebrews 4:16 – “Let us then approach the throne of grace with confidence...”

Prayer should be seen in the context of relationship

Ephesians 1:4-6 – “...in love he predestined us to be adopted...”

We can start and return to simple prayer

This type of prayer is also called the prayer of new beginnings

Matthew 6:11 – “Give us today our daily bread.”

Simple prayer cannot be avoided

Phil 4:6-7 “...but in everything...submit your requests to God.”

I'm not in the right place in life to pray

Psalm 138:6 -Though the LORD is on high, he looks upon the lowly, but the proud he knows from afar.

I don't know what to say

Romans 8:26 - In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.

I'm not good enough to pray

Romans 3:23 for all have sinned and fall short of the glory of God

I don't have the time

1 Thessalonians 5:17 – Pray continually

I'm not in the right frame of mind

James 5:13 - Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise.