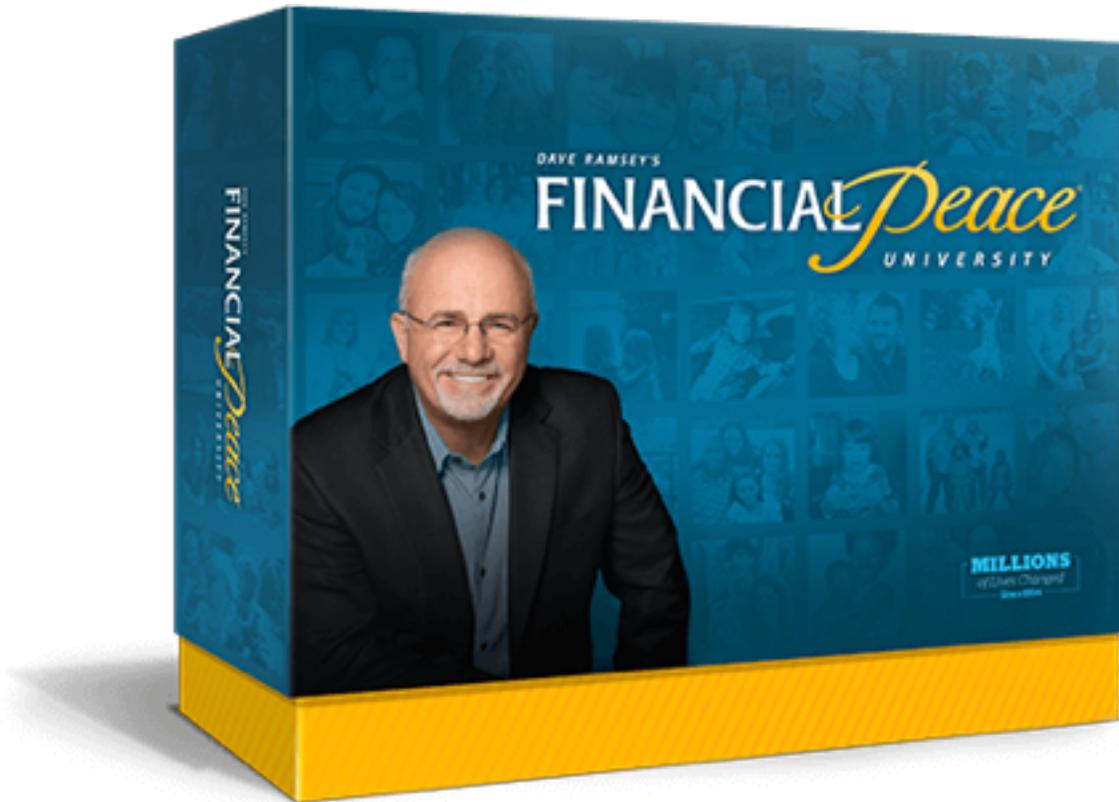


THE UPDATE



Financial Peace University

Sundays, Oct. 2-Nov. 20, 6-8 p.m. in Rm. 24/25

Are your finances where you want them to be? More than 70% of Americans live paycheck to paycheck. Our FPU team has personally benefited greatly from this course, and they do a great job in helping all who finish FPU!

Join the journey to financial security when Financial Peace University, the personal money management program founded by Dave Ramsey, is back Lawrence Free Methodist Church. FPU is an 8-week program that help people dump debt, get control of their money, and establish savings. Through commitment and accountability, the average family pays of \$5,300 in debt and saves \$2,700. On average, people who go through this program are debt-free within two years.

Non-refundable \$25 registration fee (check or cash) will save your spot and leave your balance at \$64, which can be paid in increments; or you may pay the full non-refundable \$89 for the course and kit when you register. The cost includes FPU kit, along with CDs of each session. The leader and contact is Tylor Shearburn, and you can contact him at tylorshearburn@mwmedical.net or (785) 393-8885. Sign up at the registration table in the lobby. Childcare is provided at no cost. Ask for details when you sign up.

Discipleship Ministries



Men's Fraternity: A Man and His Story

Thursdays, Oct. 13-Nov. 17, 6-7:15 a.m. in Rm. 24/25

Men, being involved in a community of men is key to our spiritual development, for making it over the long haul as husbands and fathers, and for living a life that has impact! Every man needs other men encouraging him on his

journey to authentic manhood. Having other men around you helps you gain a better perspective on your life. Others can help you discover your blind spots and avoid costly mistakes. We all need men in our lives who will be honest with us to help us become better men. Sharing life with a community of men makes the great times feel like a celebration and provides much needed support when life gets rough.

If you are interested in getting connected, Men's Fraternity is a great on-ramp! There is a great need for men to rise up and be the men God calls them to be. Men's Fraternity is based on *Authentic Manhood: 33—The Series*. We will learn how to leave a legacy of eternal significance, integrity, and a great name!

Guys, this is a great deal and will be well worth your time and investment! The cost is \$25 for the 6 weeks of sessions and includes training book, videos we will view and process together, juice, coffee, and pastries. (Note: If you already have the *A Man and His Story* manual, the cost is \$10.)

Men's Fraternity is open to all men. And, please feel free to bring other men along with you! For more information contact Pastor Larry at lbaldrige@lfmchurch.com.

Primetimers

Tuesday, Oct. 11, at noon in Rm. 24/25

A total of 25 attended the Primetimers potluck luncheon on September 13. After enjoying an excellent meal, Mary Yoder provided us with information regarding the LFM Church Library. She began by giving information on the history of the library. The library contains reference books, study guides, as well as fiction and non-fiction books. There are books for all ages, from children through adults. There is also a mobile cart with children books in the west wing. Mary explained how books can be checked out through the self-checkout system. Thank you, Mary, for a very informative presentation.



Our next potluck meeting will be October 11 at noon. If you are a regular Primetimers attender, you are asked to bring either a main dish, a salad, or a dessert. If you are 50-and-better and have never attended, you are invited to attend as our guest and just bring yourself. Nancy Ezell and Sharon Sabraw will lead our audience participation program, *Getting to Know You: Fellowship*. If you attend, you will learn the answers to many of the questions you may want ask those in attendance.

A special note of thanks needs to be extended to Nancy Ezell for putting the booklet together, and to Judy Rahn for putting the monthly programs together and printing name tags. If you have any questions about Primetimers, you can contact Ernie Dyer at (785) 393-3846 or epdyer@att.net.

Student Ministries

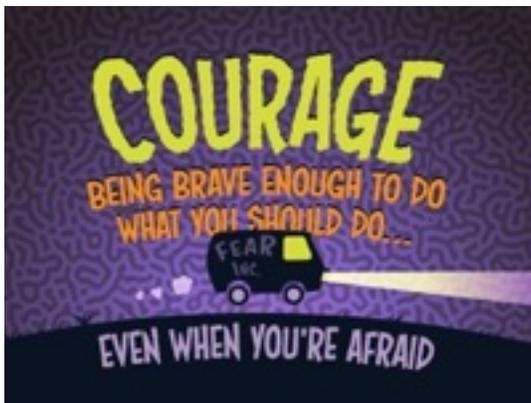
Halloween Ice Cream Social

Saturday, Oct. 29, 6:30 p.m. at LFMC

We will be having a Halloween Ice Cream Social, so students are welcome to come dressed up in their costumes. While it is an ice cream social, there will be a twist, as you can imagine with every youth event! Students should bring a drink or snack to share with everyone.



Children's Ministries



DU in October

Sometimes I think it would be nice to be a superhero. Most of the time, it's like they act without a single ounce of fear. They see a problem and without thinking they jump to the rescue to save the day, conquering evils and injustices in their tracks.

But I'm not a superhero. In fact, none of us will ever be a superhero or have some super-human power from an alien planet or radioactive spider bite. But with or without the super powers, we will face moments in our lives when it feels like the odds will not be in our favor, the obstacles will seem

overwhelming, and we will have to overcome that which seems impossible. And when those moments happen, where will we find the courage we need to face the everyday enemies or evils in life?

In truth, we're all called to do heroic things every day. And those moments can be scary.

One of the most difficult things we will ever learn to overcome is fear. In fact, it's unrealistic to expect anyone to become completely fearless. That's why our goal as leaders and parents should be to help our children not become paralyzed by those fears, but learn what to do in the face of them.

That's why we're taking the month of October to discover what God says about courage as—being brave enough to do what you should do, even when you're afraid.

Think about that—even when you're afraid. The truth is, you WILL be afraid. So, the question is, when fear is present, where do you find the courage to stand up, or push through, or keep going?

The Bible is filled with passages reminding us that we can and should be strong and courageous.

Throughout the Psalms, we find that God is our refuge and strength. We can put our trust in Him because He will deliver us.

Paul, in his letters to the churches, tells us to be anxious for nothing, to be strong in the Lord, and to remember that if God is for us nothing can stand against us.

Jesus comforts us when He tells His disciples they have nothing to fear in this troubled world because He has overcome the world.

Our goal as parents and leaders is not to raise superheroes, but to raise everyday heroes. We want our children to grow up facing the world with a different kind of courage—courage to stand up against the bully, courage to speak out for the sake of others who may not have a voice, courage to refuse to do the wrong thing even though the crowd seems to be pushing them in that direction.

We need our children to understand, because they believe and trust in God, they have a unique source of strength and courage. There will be times when we're going to be afraid. But we can trust in a God that is bigger than us. And put our hope in a God who is with us and is in control of every situation. Because of God, we can find the strength to be courageous, every day heroes.

This month we'll take a look at some everyday heroes from the Old Testament, men and women who had no superpowers except for the fact that they knew God had a mission for them and they trusted in His promise to always be with them. We can't wait to hear how God shows up in the lives of families and kids when they study these stories, trust God, and show courage in the situations they face.



WEEK 1

We begin our look at courage in Exodus 3–6:12 and 7–12:42. God calls Moses to lead the Israelites out of slavery in Egypt. Moses gives excuse after excuse for why he's not the person God should use. But Moses doesn't have a choice; God has chosen him. Even though Moses is frightened, he trusts God and confronts Pharaoh to let God's people go. In the end, God's power triumphs and Pharaoh releases his hold on the Israelites.

Bottom Line: You can do what you should even when you don't feel ready. We all face times when we feel like we're supposed to do

something, but fear that we won't have what it takes to get it done. We can have courage to follow through knowing that God can give us what we need to get the job done.



WEEK 2

In Exodus 13:17–14:31, Moses led the Israelites out of Egypt, but found himself up against an impossible scenario: the Red Sea in front of them and Pharaoh's army chasing them down from behind. Only God could save them. Moses stood strong in the face of fear and trusted God to do what only God could do—part the Red Sea and create dry ground for the Israelites to escape. Our God is truly the God of the impossible.

Bottom Line: You can do what you should even when things seem impossible. We may not face the Red Sea or an army of angry Egyptians, but we will face moments where what we need to do will feel impossible to us. When that happens, we can remember that we can trust God no matter what. God is bigger and stronger than anything we face. Just like Moses and the Israelites, God can do the impossible in our lives too.



WEEK 3

Next we head to Numbers 13–14, Moses sent 12 spies to scope out the Promised Land of Canaan. They discovered the land was perfect with one exception: the people who already lived there were strong and powerful. Most of the spies were intimidated and wanted to give up. Only two, Joshua and Caleb, spoke up and said that God would provide a way for them to conquer the land. God rewarded Joshua and Caleb's faith and courage. They were only men of their generation to see the land God promised to Abraham.

Bottom Line: You can do what you should even when others are afraid. We will face times when the people around us are scared or making unwise choices. When that happens, we should trust God. He can give us the courage we need to do what we should and be an example that points others to Him.

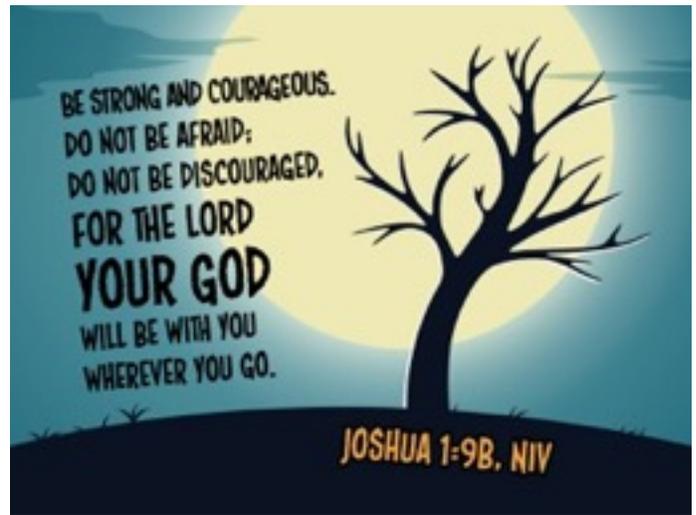


WEEK 4

We finish up the month with Joshua and the famous battle of Jericho.

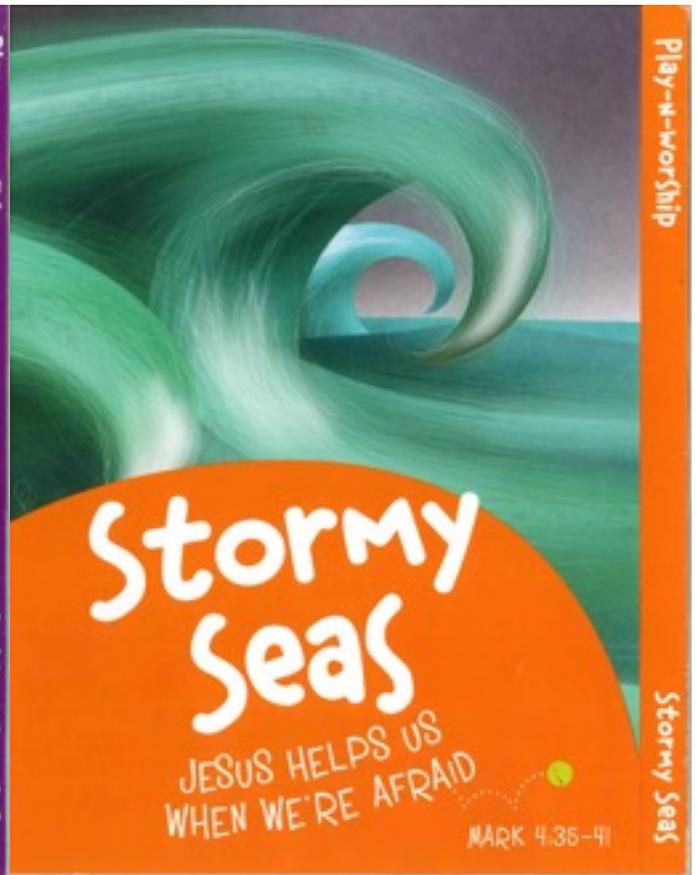
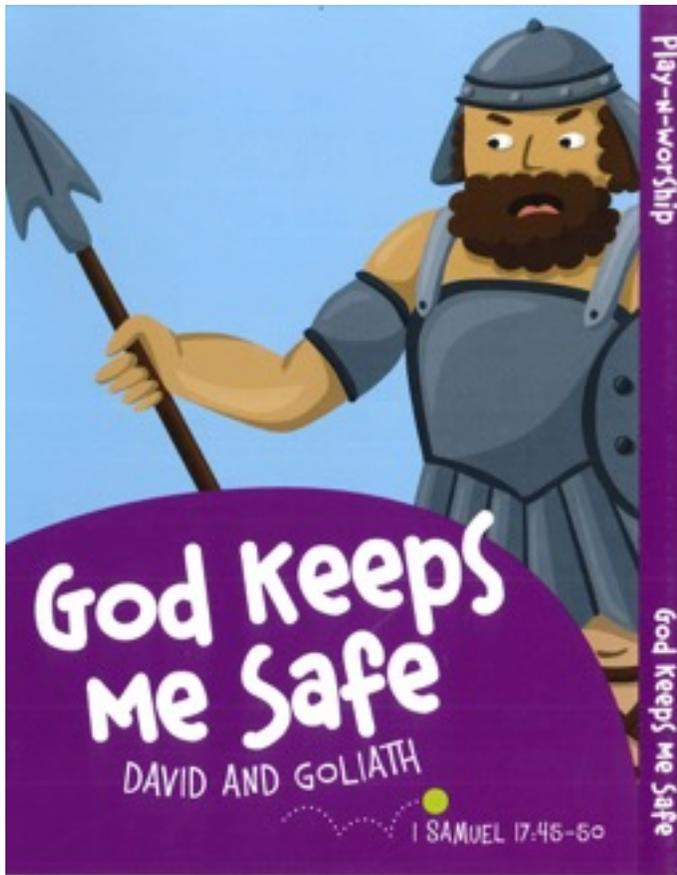
God promised Abraham that he would receive the Land of Canaan. In Joshua 5:13–6:27, we find the Israelites taking their first steps towards the fulfillment of the promise. God was faithful to the Israelites. In this story, God’s battle plans seem unconventional for conquering a city, but Joshua knew that if they obeyed God’s plan, the land would be theirs.

Bottom Line: You can do what you should because God is with you. Even when what we’re asked to do doesn’t make sense, we can have courage to do it knowing that God is helping us. We should remember that God is near and He is for us. We can trust God no matter what and have courage to do what we should.



October in Twos...

and in Threes and Fours



Misc.

**New Attenders Luncheon**

Sunday & Monday, Oct. 23 & 24

Representatives from the Free Methodist Foundation will be at LFMC and available to meet with you on Sunday and Monday, Oct. 23 and 24. More information can be found in the bulletin beginning Oct. 9 and at fmfoundation.org. You can sign up in the lobby beginning Oct. 9.

From fmfoundation.org:

No matter where you are in your life's journey, you have plans for what you want to see happen next. Our role is to listen, understand your goals, then provide you with Christian financial life planning services to assist you in achieving your purposes and experiencing the joy of Stewardship Well Done.

Four Simple Steps

There are really four simple steps. It begins by:

Asking questions about your goals...about the things you care about. Then together we begin...

Developing a financial plan...what we call a Stewardship Well Done Life Plan. Next comes...

Investing to grow your resources. And finally,

Staying the course by working your plan through the various stages and circumstances of your life.

Our priority is to help you achieve your goals. We've been delighted to see how clients have benefited through Christian financial life planning as they develop an integrated financial plan. You can do the same by considering the key elements of financial planning, estate planning and gift planning. We welcome the opportunity to speak with you about how we can help you on your path of Stewardship Well Done. Consider getting in touch with us today to begin the conversation.

New Attenders Luncheon

Sunday, Oct. 9, 12-1:15 p.m. in Rm. 24/25

If you are new to LFMC and would like to find out more about our missions, values, and ministries, you are invited to our New Attenders Luncheon. This is a great big-picture information time, and you will have an opportunity to ask the pastors any questions you may have.

When: Sunday, Oct. 9, 12-1:15 p.m. (after the 10:35 service)

Where: Room 24/25 (next to the kitchen and near the gym)

What to Bring: Just show up! Pizza and drinks will be provided.

How to RSVP: Just write *Lunch* on your connection card or contact the church office. Please let us know how many people will be attending.



Membership

Membership Class: Tuesday, Oct. 18, 6:30 p.m. in the church library

As part of our Celebration Sunday services on Sunday, Nov. 20, we will welcome new members. If you are interested in joining the church or would like to learn more about our church before making the decision, please contact the church office or write *Membership* on your connection card Sunday morning. A mandatory Membership Class will take place on Tuesday, Oct. 18, in the church library. In our

Membership Class, you'll get a picture of how our church plans to accomplish its mission of making more and better disciples of Christ and how you can be a part of that. You'll also get an overview of our core beliefs and values, how we operate, and a brief history of Free Methodism. You don't have to become a member if you attend, but that option is available to you once you attend. Childcare is available upon request.

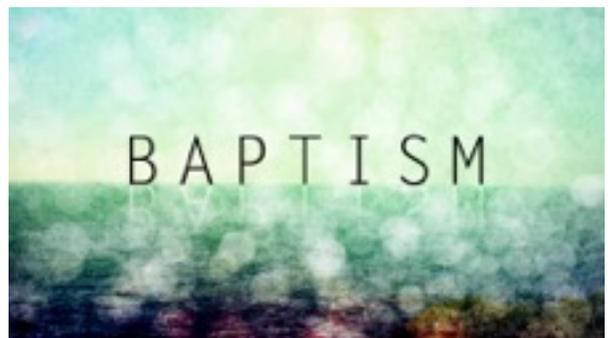


Child Dedication

On our Celebration Sunday, Nov. 20, we will dedicate children. If you would like to participate, please contact the church office or indicate your interest via connection card on a Sunday morning. Parents dedicating a child should plan to attend a mandatory Child Dedication Class in the church library at 6:30 p.m. on Wednesday, Nov. 9.

Baptism

If you or your child/teen would like to celebrate your faith in Jesus Christ through water baptism, we encourage you to sign up to be a part of our Nov. 20 baptisms as part of our Celebration Sunday services. Contact the church office or write *Baptism* on your connection card Sunday morning, and a pastor will contact you.



Sunday Services & Programs

9:00 a.m.

Blended Worship

Care for infants through preschoolers

10:35 a.m.

Contemporary Worship

Care for infants through 2-year-olds

Programs for preschoolers through 12th graders

Church Office Information

Office Hours: Mon-Fri, 8 a.m.-12 p.m. & 1-5 p.m.

Phone: (785) 842-2343

office@lfmchurch.org

www.lfmchurch.org

Bill Bump

Senior Pastor

bbump@lfmchurch.org

Larry Baldridge

Pastor of Discipleship

lbaldridge@lfmchurch.org

Bryce Ball

Pastor of Student Ministries

bball@lfmchurch.org

Allie Klopenstein

Pastor of Children's Ministries

aklopenstein@lfmchurch.org

Bethany Harvester

Administrative Assistant

office@lfmchurch.org

Doug Heacock

Director of Media & Contemporary Worship

dheacock@lfmchurch.org

Vanessa Thomas

Director of Choir & Blended Worship

vanessathomasvoicestudio@gmail.com