



# The Update

A publication of Lawrence Free Methodist Church



**Vacation Bible School**  
**Kingdom of the Son: A Prayer Safari**  
**6-8:30 p.m., July 18-22**  
**Cost \$5 per child**

Bring your friends! Your family! Your neighbors!

Children (K-6) will be embarking on a safari for this year's Vacation Bible School.

Just register at the church or online —  
at [www.lfmchurch.org/kids/vbs.html](http://www.lfmchurch.org/kids/vbs.html) —  
and then come for the fun.

See pg. 3 for more information

**July 2005**

**The Update**

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**Church**

**highlights**

- The LFM Church Prayer Committee will be focusing on praying for VBS this month.
- Learn about the Primetimers' breakfasts that will be held in July and August.
- Mark your calendars for the Women's Retreat.
- Kids' Cove will learn about self control in July.

# Church News and Adult Ministries

## Letters to the Church...

Dear LFMC,

Thanks to the entire church family for your prayers and support as we head to Mayo in Phoenix for Brian. We will keep Roger & Sue updated so they can pass the information along.

Thanks,  
Kathy & Brian Pine



### LFMC Prayer Committee

“Train children in the right way, and when old, they will not stray.” — *Proverbs 22:6*

The focus for this month from the LFMC Prayer Committee is Vacation Bible School. The lessons taught during the week of July 18-22 will hopefully plant the seed for a mature faith in Jesus Christ for years to come in the lives of the children attending. It is our hope that LFMC members will include all the children attending VBS and all the people whose hard work help make this week so successful in their prayers during the month of July.

### Primetimers' Breakfast

Please meet us for a delicious breakfast at 9 a.m. at First Watch Restaurant on the second Tuesdays of July and August (July 12 and August 9). No reservations required.

Great food and fellowship, no cooking, no dishes to do, no cleaning up. See you there!

### Contact The Update

If you have story ideas, announcements, letters to the church or other items for the newsletter, please e-mail them to Chris Moon at [update@lfmchurch.org](mailto:update@lfmchurch.org) or drop materials into The Update box in the church office. The deadline for the next month's newsletter is the second Sunday of the previous month.

## Ministry Board Notes

The LFMC Ministry Board met June 7.

Pastor Bump led us in a time of prayer and devotion regarding the role of the Holy Spirit in prayer. We discussed the status of the Phase 2 capital campaign and parking lot addition as well as how and when to proceed with the Phase 3 Children's Wing expansion.

The next meeting will be July 12.

## Calling all Ladies...

Mark your calendars! The Women's Retreat will be Friday and Saturday, October 7 and 8.

Here are some of the highlights:

If you have a small home business or arts and crafts that you have created and would like to sell, we're considering sales booths if there is enough interest.

Booths will be restricted to our church women, and a contact name will be given in the next newsletter.

Also, if you've wanted to be part of the contemporary service worship team but had other time commitments, here's a chance to be part of a short-term team put together specifically for our October retreat!

Those who show interest will be given written lyrics for a couple of our well-known choruses and asked to audition privately by singing along with a current vocal musician – nothing threatening.

Auditions will be at the end of July. Rehearsals will be twice a month during August, September and October, with one or two more the week of the retreat.

If you play an instrument and would like to be part of the band, we will try to have an all-female band to accompany our worship times. There probably will be weekly rehearsals during September.



# Children's and Youth Ministries

## *It's All About Self-Control*

### **Memory Verse:**

“Like a city whose walls are broken down is a man who lacks self-control.”

— Proverbs 25:28, NIV

*Self-control* – choosing not to do something, even when you want to do it.

Kids' Cove in July will be focusing on holding your tongue, guarding your heart, guarding your eyes and checking your temper. We will also explore what happens

when you don't have self-control.

Parents, be sure to discuss with your children what they have learned and how it can be put into practice in the home. Remember, we all can all learn more about self-control and that God is willing help us if we ask Him.



### **Vacation Bible School** • July 18-22 •

LFMC children will be putting on their sun hats, grabbing their binoculars and heading out to see the African wildlife this month during Vacation Bible School.



It's called Kingdom of the Son: A Prayer Safari.

During this spectacular time – July 18-22 at the church – kids will journey into the Serengeti, the magnificent grassland region of Tanzania and Kenya. They'll discover exotic animals, create safari crafts, play exciting games, sing upbeat songs and enjoy delicious safari snacks.

It's the wildest VBS ever!

And while your kids are having safari fun, they'll also learn to talk to God as they explore the Lord's Prayer and go on an expedition into the pages of God's Word.

The activities will extend from 6 to 8:30 p.m. each night.

Dinner will be available at 5:15 p.m. at the church each day. Donations of \$2.50 per person or \$10.00 per family are suggested but not required.

Register at the church or online at [www.lfmcchurch.org/kids/vbs.html](http://www.lfmcchurch.org/kids/vbs.html). Contact Mandi Grosdidier with questions at [vbs@lfmcchurch.org](mailto:vbs@lfmcchurch.org).

### **Youth News**

A group of high school and college students traveled to Croc, Mexico for a missions trip June 13-22. Read all about the work they did and what they learned in the next newsletter.

#### **July Student Calendar:**

**July 3**

Lighthouse in the FLC

**July 10**

Lighthouse in the FLC

**July 16-22**

Quad Cities Missions Trip

**July 17**

Lighthouse in the FLC

**July 24**

Lighthouse in the FLC

**July 25-30**

Senior High Camp at YouthFront South

**July 31**

Lighthouse in the FLC

**Lawrence Free Methodist Church  
Sunday Morning Services and Programs**

- 8:30 a.m. • Traditional Worship  
.....
- 9:45 a.m. • Contemporary Worship  
• Kids' Cove for children  
grades K-6  
• Small groups for teens and  
adults  
.....
- 11:15 a.m. • Contemporary Worship  
• Diving Deeper for children  
grades K-6  
.....

Nursery is available 8:15 a.m. to 12:30 p.m.

**Church Office Information**

Office Hours: Mon. - Fri. 8:00 a.m. to 5:00 p.m.

Phone: 785-842-2343

Fax: 785-842-2351

E-mail: [info@lfmchurch.org](mailto:info@lfmchurch.org)

Web: [www.lfmchurch.org](http://www.lfmchurch.org)



**E-mail outlet**

**Bill Bump**

Senior Pastor

[bbump@lfmchurch.org](mailto:bbump@lfmchurch.org)

**Rick Ostrander**

Adult Ministries Pastor

[rostrander@lfmchurch.org](mailto:rostrander@lfmchurch.org)

**Travis Evans**

Student Ministries Pastor

[tevans@lfmchurch.org](mailto:tevans@lfmchurch.org)

**Carolyn Heacock**

Children's Ministries Pastor

[cheacock@lfmchurch.org](mailto:cheacock@lfmchurch.org)

**Angela Leal**

Office Manager

[aleal@lfmchurch.org](mailto:aleal@lfmchurch.org)

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Lawrence Free Methodist Church  
3001 Lawrence Avenue  
Lawrence, KS 66047

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